

12 Sonoma Coast**Route 1/Sea Ranch****THE NORTHWEST CORNER of SONOMA COUNTY**

It's "Dreamtime" with the moonlight shining on the non-denominational chapel at Sea Ranch. Tomorrow you will cross the border into Mendocino County and begin your adventure in "Conscious Tourism". At

Sea Ranch one can be immersed in nature and enjoy the convenience of fine lodging and dining. At the

Stewarts Point Store you can gas up or purchase snack food and groceries.

Nearby is the Kashai Pomo Roundhouse, Annapolis Winery and numerous vacation home rentals.



Photo by Scott Simpson WEST of ONE www.westofone.com

FORT ROSS to SEA RANCH DINER'S CHOICE: Area Code (707)

Salt Point Bar & Grille (\$\$) 17 miles north of Jenner at 23255 Hwy 1 847-3234; **Sea Ranch Lodge** (\$\$) Hwy 1, Sea Ranch 785-2371;

Timber Cove Inn (\$\$) 21780 Hwy 1, 847-3231; **Twofish Baking Company** (\$) 35590 Verdant View #1 (behind the fire department), Sea Ranch 785-2443.

FORT ROSS to SEA RANCH LODGING:

Fort Ross Lodge (\$\$-\$\$\$) 12 miles north of Jenner at 20705 Hwy 1 847-3414; **Lillith Retreat Center** (\$\$) 35337 Annapolis Road, Annapolis, 95412 886-1810; **Ocean Cove Campground** (\$) 23125 Hwy 1 847-3422; **Ram's Head Realty Vacation Homes** (\$\$\$) 1000 Annapolis Rd. 785-2427 / 800-785-3455; **Salt Point State Park** (\$) 25050 Hwy 1 847-3221; **Sea Coast Hideaways** (\$\$-\$\$\$) 13 miles north of Jenner at 21350 Hwy 1 847-3278; **Sea Ranch Escapes** (\$\$\$) 60 Sea Walk Drive 785-2426; **Sea Ranch Lodge** (\$\$) Hwy 1, Sea Ranch 785-2371; **Sea Ranch Vacation Rentals** (\$\$\$) Box 88, Sea Ranch 785-2579; **Stillwater Cove Ranch** (\$) 16 mi. north of Jenner at 22555 Hwy 1 847-3227; **Timber Cove Boat Landing** (\$) 13 mi. north of Jenner at 21350 Hwy 1 847-3278; **Timber Cove Inn** (\$\$-\$\$\$) 21780 Hwy 1 847-3231.

NW SONOMA COUNTY GENERAL STORES, GIFT SHOPS & ARTS:

Fort Ross Store (\$-\$\$) 20705 Hwy 1 847-3414; **Jenner "C" Store** (\$-\$\$) Hwy 1 - Jenner 865-2906; **Ocean Cove Store** (\$) 23125 Hwy 1 847-3422; **Raccoon Cove Giftshop @ Timber Cove Inn** (\$-\$\$\$) 21780 Hwy 1 847-3231; **Sea Ranch Store** (\$-\$\$) Sea Walk Dr. 785-2371; **Stewarts Point Store** (\$-\$\$) 32000 Hwy 1 785-2406.

FREE SURF REPORT: (707) 876-3110, 875-3944 or 876-3032.

Route 1 & Annapolis Rd. /Sea Ranch Sonoma Coast 13**RAMS HEAD REALTY & RENTALS, Inc**

Photos by Michael Charland

You can choose from over 120 vacation homes at Sea Ranch to Gualala at Ram's Head Realty and Rentals, Inc.



Some of the most desirable vacation home settings are at The Sea Ranch.

Once a large shoreline sheep ranch, The Sea Ranch is located a few miles south of Gualala and 20 miles north of Jenner on Hwy. 1. With more than 120 homes to choose from, Rams Head Realty & Rentals is the largest vacation home rental service north of the Golden Gate. Besides sheer numbers, exceptional service and hospitality sets Rams Head apart.



Home styles range from small rustic walk-in cabins in the redwoods to large luxury homes overlooking the crashing waves. Any of these wonderful homes make cozy love nests or ideal settings for writers, theologians or anyone seeking that special place for inspiration. Rams Head's vacation homes at The Sea Ranch are great for family reunions and groups of 2-10 people per home. Some of the many amenities include hot tubs and fully equipped kitchens. Some homes are pet-friendly and all offer free long distance (domestic & international) phone service. Retreat leaders can rent several homes and enjoy the larger group meeting facilities at the nearby Gualala Arts Center conference rooms and auditorium (see www.gualalaarts.org or call 884-1138).

Those who rent homes at The Sea Ranch have full use of the miles of trails as well as the saunas, pools and tennis courts. Come visit. Come stay for a while. Rams Head lets your Sea Ranch memories begin with them. Please call, write, or email for a free full-color brochure.

\$\$\$ RAMS HEAD REALTY & RENTALS Inc. Box 123, 1000 Annapolis Rd. Simple to Luxurious Oceanview Homes The Sea Ranch, CA 95497
Email: info@ramshead.com www.ramshead.com
Phone (707) 785-2427 Toll Free 1-800-785-3455 Info & Reservations

14 Mendocino Coast Route 1 / Gualala**MENDOCINO COAST: GUALALA to WESTPORT**

Sunrise reveals the picturesque Gualala River where it flows into the Pacific Ocean. The friendly town of Gualala lies straight on adjacent the broad stretch of white sandy beach. Dark ridgelines team with wildlife and deep swimming holes in the river valley are a playground for wild salmon and visiting sunbathers. Just to the right is the bridge marking the border between Sonoma and Mendocino Counties. Cross over and enter the unique world of Mendocino where creativity thrives and consciousness is emerging on all levels. Hopefully this region will become a very bright point of light for the rest of America.

GUALALA to ANCHOR BAY DINER'S CHOICE: Area Code (707)

Anchor Bay Store (\$) Hwy 1, Anchor Bay 884-4245; **Cafe La La** (\$) 301021 S. Hwy 1 884-1104; **Cypress Bar & Grill** (\$) 301021 S. Hwy 1 884-1835; **Gualala Bakery** (\$) (Open at 6am) Sunstrom Shopping Center 884-9247; **Gualala Hotel** (\$) Hwy 1 884-4840; **Gualala Super Market** (\$) Sunstrom Shopping Center 884-1205; **Laura's Bakery & Taqueria** (\$) S. Hwy 1 884-3175; **Oceansong Restaurant** (\$) 39350 S. Hwy 1 884-1041; **Pangaea** (\$) Hwy 1 884-9669; **Redwood Grill** (\$) 35517 Hwy 1 884-1639; **Saint Orres Inn** (\$) Hwy 1 884-3303; **Sandpiper** (\$-\$) 39080 Hwy 1 884-3398; **Smokehouse Grill** (\$) 49300 Hwy 1, Sea Ranch 785-9696; **Surf Super Market** (\$) 39250 S. Hwy 1 884-4184; **Taqueria Briza del Mar** (\$) S. Hwy 1 Anchor Bay 884-1735; **Top of the Cliff** (\$) Hwy 1 Seacliff Center 884-1539; **Trinks** (\$) Hwy 1 Seacliff Center 884-1713; **Upper Crust Pizza** (\$) 39331 S. Hwy 1 884-1324.

GUALALA to ANCHOR BAY LODGING:

Anchor Bay Campground (\$) Hwy 1, Anchor Bay 884-4222; **Beach Rentals** (\$\$\$) 39200 S. Hwy 1 884-4235; **Breaker's Inn** (\$\$\$) 3919 Hwy 1, 800-BREAKER; **Gualala Country Inn** (\$) Hwy 1 800-564-4466; **Gualala Hotel** (\$) Hwy 1 884-3441; **Gualala Point Park** (\$) 785-2377; **Gualala River Redwood Park** (\$) 1 mile east of Hwy 1 on River Rd. 884-3533; **Mar Vista Cottages** (\$) 35101 S. Hwy 1 884-3522; **North Coast Country Inn** (\$\$\$) 34591 S. Hwy 1 884-4537; **Old Milano Hotel** (\$\$\$) 38300 Hwy 1 884-3256; **Saint Orres Inn** (\$) Hwy 1 884-3303; **Seacliff Hotel** (\$\$\$) 39140 S. Hwy 1 884-1213; **Secret Garden Bed & Breakfast** (\$) 38201 S. Hwy 1, 1-888-668-9874; **Serenisea** (\$) 36100 Hwy 1 884-3836; **Surf Motel** (\$) S. Hwy 1 888-451-7873; **Whale Watch** (\$\$\$) 35100 Hwy 1 884-3667.



The historic Gualala Hotel provides rooms, drink and food.

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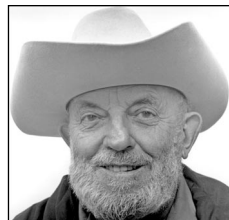
GUALALA: Home of World Class Art Exhibits

Mendocino County is home to some of America's most talented artists. The Gualala Art Center is located in a secluded forest setting where a fairy ring of redwoods makes a wonderful place to meditate. Inside the cavernous gallery are mixed media exhibits and a 300 seat auditorium, conference rooms, commercial kitchen, stage, and an outdoor amphitheater in which to picnic. See Dolphins Arts Gallery
\$\$\$ GUALALA ART CENTER 46501 Gualala Rd,
 Gualala, CA 95445 www.gualalaarts.org (707) 884-1138



ALINDER GALLERY

The Alinder Gallery is exclusively devoted to fine art photography. Owner Jim Alinder, is a well-known artist who has had more than 100 museum exhibitions of his work, and is in the permanent collections of many museums including the Museum of



Photograph by Jim Alinder

Modern Art (NY & SF). Art Institute of Chicago, National Gallery of Canada and the Bibliotheque Nationale, Paris. He has twice received fellowships from the National Endowment of the Arts. Images by other noted photographers including Ansel Adams are available. Open 11am - 5pm ThursMon.
\$\$\$ ALINDER GALLERY 39150 South Hwy 1, Gualala, CA 95445
 Fine Photography www.jimalinder.com (707) 884-4884



STUDIO 391 is a fine photography gallery specializing in contemporary photography by established and emerging artists and includes a large selection of images of the Mendocino and Sonoma coast. Artists represented include Christopher Burkett, Rolfe Horn, Paul Kozal, Roman Loranc, William Scott, Ion Zupcu and more. Gallery hours - 11:00 am - 5:00 pm Friday thru Monday.

THE FINEST PHOTOGRAPHY ON THE MENDOCINO COAST



Receding Tide - William Scott



Bluff Reach - Paul Kozal



Cypress - Rolfe Horn

\$\$\$ STUDIO 391

39150 S. Hwy 1, Gualala, CA 95445 (707) 884-9065 www.studio391.net

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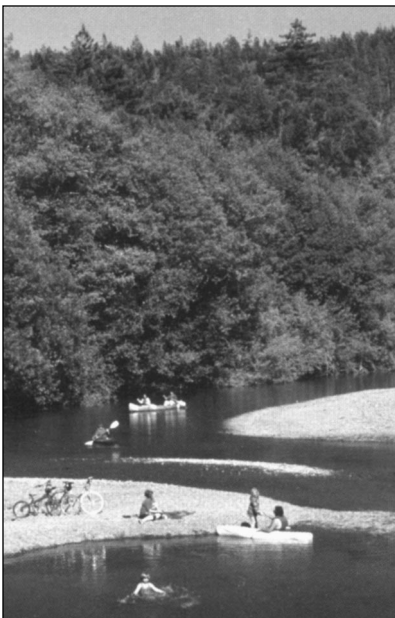
GUALALA RIVER REDWOOD PARK

Owners Dan and Donna Brown invite you to "camp in the redwoods, on the river by the sea" at their 120 campsites Gualala River Redwood Park. Campsites are from \$36 (1 vehicle/2 people) and up and have running water and electricity. Open from memorial day to labor day, the campground has a general store, hot showers, flush toilets, RV dump stations, a laundry room, playground and outdoor game area. Accommodations serve single families to large groups up to 250.

Guests can sunbathe out of the wind and fog along 3/4 mile river frontage of sandy beaches, as well as swim, canoe and kayak.

Hike or bike among the ferns and towering redwoods or fish, dive, golf, whale watch, dine out, shop or tour local art galleries. You can build family traditions around the fire and enjoy nature and starlit skies at their finest. Wake up to singing birds, a rising sun, fresh complimentary coffee and the sound of ocean waves in the distance.

\$ GUALALA RIVER REDWOOD PARK Box 1032, Gualala, 95445
Riverside Campground / numerous amenities MC & Visa (707) 884-3533



ADVENTURE RENTS

Adventure Rents outfits self-guided paddling tours on the Gualala River, which forms the border between Sonoma and Mendocino county. Owners Jan and Wayne Harris have more than 2 decades experience exploring the waterways of the redwood coast and welcome singles, couples, families and groups.

Rentals include single and double kayaks and canoes. Watercraft rentals include paddles, life jackets, dry bags and instruction for beginning boaters. Boats and gear are transported to launch locations and shuttle service is available in season. There are summertime moonlight flotillas with river beach barbecues. Weather and river conditions permitting, Adventure Rents is open year

around. Rates are reasonable. Located in downtown Gualala.

\$\$ ADVENTURE RENTS Kayaks and Canoes P.O. Box 489, Gualala, CA. 95445 www.adventurerents.com email: info@adventurerents.com (707) 884-4FUN (4386) or Toll Free 1-888-881-4FUN (4386)

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SMOKEHOUSE GRILL

Fabulous oceanviews and the best fresh fish and chips for the price on the Mendocino Coast await you at the Smokehouse Grill which is located at the Sea Ranch Golf Course just a mile south of Gualala. This favorite local restaurant was



created by Leslie Bates, who along with her youthful staff were big on heart and service. Today the Smokehouse is run by Jaime Orsini and Silvia Barragan. Great fresh fish & chips with tartar or red sauce, fish burgers, fish tacos, vegetarian garden burgers, chili cheese burgers, BBQ beef and pork sandwiches, grilled chicken, smoked turkey, delicious award winning homemade New England clam chowder, cole slaw, fresh green garden salad, potato salad, chili fries, pasta and BBQ beans are served daily. Smoked salmon and pork ribs are sold by the pound. Homemade cheesecake, carrot cake, iced mochas, sodas, and nutritious smoothies are also available. Seating is indoors or out and orders to go. You'll love the great food and inspiring vistas!

\$ the SMOKEHOUSE GRILL

*Fresh & Smoked Fish & Meats 49300 Hwy 1, Sea Ranch, CA. 95497
Summer 7am-8pm Winter 7am-6pm daily (707) 785-9696*

TOURIST INFO, BOOKSTORES, GIFTSHOPS and more ARTS

Alinder Gallery 884-4884; **Artsea Gallery** 884-4809; **Celebrations** 884-1920;
Coldwell Banker Pacific Realestate
Travel Information for Tourists 800-660-3591;
Cotton Field, The 884-1836; **Dolphin Arts** 884-3896; **Four-Eyed Frog Books** Cypress Village 884-1333; **Gualala Art Center** 884-1138; **Henley's Art & Interiors** 884-1531; **Noma** 884-1320; **The Sea Trader Book Store & Gifts** 884-3248; **Stary Sheets Gallery** 884-3606; **Studio 391 Gallery** 884-9065; **Velvet Rabbit** 884-1501; **West of One Aerial & Land Photographs**
www.westofone.com 785-9445.

Video Stores: **Gualala Video** 884-1050 **Pacific Woods Video** 884-1550.
KAYAKING and WHALE WATCHING: **Adventure Rents** (\$\$) 884-4FUN
HEALING ARTS **Feng Shui** (\$-\$-\$-\$) Create harmony in your spaces. Karen McKeown 884-9750; **Gualala Day Sea Spa** (\$-\$-\$-\$) 39151 S. Hwy 1, Gualala 884-9262; **Healing Arts Massage Center** (\$-\$-\$-\$) 39301 Cypress Way, Gualala 884-4800; **Pacific School of Massage** (\$-\$-\$-\$) 44800 Fish Rock Rd, Anchor Bay 884-3138. **CETOS:** environmental information on toxics 39120 Ocean Drive in the Cypress Center 884-1700.

FARMER'S MARKETS and NURSERIES **Gualala Farmer's Market:** (\$) Spring - Fall on Saturday 3pm-5pm south end downtown / Donna Bishop (707) 884-3726; **Gualala Nursery-Trading Co** (\$-\$-\$-\$) 38660 S. Hwy 1, 884-9633.

INTERNET ACCESS

Besides your local Motel or Bed & Breakfast try:
Copy Plus

Sundstrom Mall, Gualala
884-4448 Open 9am-6pm

The Record Cafe

265 N. Main, Pt. Arena
882-2363 daily 8am-7pm

Coast Com. Library

280 N. Main, Pt. Arena
Open Mon-Sat 882-3114

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Photo by Ron Bolander



OCEANSONG PACIFIC GRILLE

You can begin your adventure on the Mendocino Coast just over the border at the Oceansong Pacific Grille. Lofty dining room views of the untamed Gualala River and Pacific Ocean await. Dinner means a fabulous sunset view and a ring side seat of the greatest show on earth as pelicans, sea gulls, osprey, sea lions and whales play in the water and sky just outside the restaurant. Weather permitting there is dining al fresco beneath the sun or evening starlit sky. Lovers will find a quiet little nook in the bar or tri-level dining room.

The menu features New England clam chowder or WanTon soup, fresh garden or

spinach salad, seared Ahi tuna (rolled in black and white sesame seeds, quickly seared sashimi style and served with pickled ginger and wasabi cream sauce), Fettuccini Alfredo (vegetarian) portobello mushrooms and fresh vegetables atop fettuccini, Southwest salmon, dungeness crab cakes and grilled tofu with vegetables (Vegan). The oceanview full service bar offers beer, wine and mixed drinks. Oceansong is located at the south entrance to Gualala. Reservations suggested for 5 or more.

\$\$ OCEANSONG RESTAURANT 39350 S. Hwy 1, Gualala, CA.
California Cuisine www.breakersinn.com/oceansong (707) 884-1041 Res.



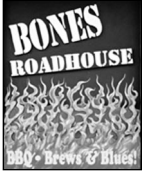
SURF SUPER MARKET

The largest supermarket on State Highway 1 between Point Reyes and Fort Bragg is the Surf Super Market in Gualala. Here you can stock up on everything for your day hike, camping trip, vacation home rental or romantic evening at a bed and breakfast inn. Ailes are well stocked

with all the canned and fresh produce and cooking utensils a small town full of tourists would need. In the full service deli/meat department there are fresh filets of fish, homemade salads, country fried chicken and potato Jo-Jo's, and prime cuts of steak, chicken and homemade sausages. The bakery offers fresh baked breads and pastries. At the wine bar you can taste a sampling of premium California wines (over 750 wines are available). Local newspapers, magazines, toiletries, light hardware and home electrical needs, motor oil and flares are also stocked. Rain or shine you can count on the Surf Super Market and its friendly staff to help you.

\$\$\$ SURF SUPER MARKET 39250 Coast Highway 1, Gualala, CA.
www.surfsuper.com Open daily from 7:30am to 8pm (707) 884-4184

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BONES ROADHOUSE

The love of the open road is the theme at the family oriented "Bones" Roadhouse, located on the hill in "uptown Gualala". Owner Mary Horton's decor of 50's and 60's baby boomer memorabilia including hot rods, motorcycles, pirates and cowboys works. An extensive menu features wood fired and smoked authentic Texas style BBQ'd chicken, beef brisket, pulled pork, turkey and wild salmon. "Bone daddy" Mike Thomas is a true artist at knowing just how to smoke the meats during the 14 hour process in the smoke house. Beef ribs, steaks, marinated turkey breast and New Mexico chop slathered in sauce and served on a fresh baked bun with house cut chips, corn bread, cole slaw, macaroni and cheese and cowboy beans fills you up. Even Texans state "better ribs here than in Texas." Microbrewed beer, wines from organically grown grapes are served at the long bar. Dessert includes coconut banana cream pie, chocolate brownie sundae and seasonal berry pie. Hours are 11:30am - 9pm daily.



\$\$\$BONES ROADHOUSE www.bonesroadhouse.com (707) 884-1188
Texas Style Wood Fired Smoked & BBQ'd 38920 S. Hwy 1, Gualala, CA

UPPER CRUST PIZZA

Small coastal towns with good pizza parlors make big hits with north coast travelers. The Upper Crust Pizza is one such destination. The menu is divided into Specialties-of-the-House, chicken and vegetarian pizzas. A delicious sourdough pizza crust topped with a choice of 23 fresh high quality ingredients will put a smile on your face. Fresh garden salads, sodas and mineral water is served. The Upper Crust Pizza is open year-round from 4pm and stays open until 8pm or 9pm, depending on the daily appetite of diners. Indoor/ outdoor oceanview dining or orders to go.



\$\$\$ UPPER CRUST PIZZA

39331 S. Hwy 1, Gualala, CA. 95445

Cash & Approved Checks Accepted
(707) 884-1324 Orders to go.



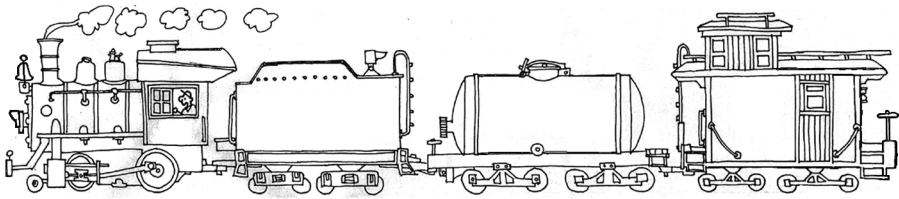
**PACIFIC
REAL ESTATE**

Coldwell Banker Pacific Real Estate is the largest real estate office serving the Sea Ranch, Gualala, Northern Sonoma and Southern Mendocino coast.

Owner/broker Lenny Balter and his wife Colleen Casey have lived on the coast since 1980. They have two highly visible Gualala locations with over a dozen full time knowledgeable agents and brokers, 7 internet marketing sites, email access and computerized listing & market analysis for their clients - "Making Real Estate Real Easy." You can surf the website for coastal homes and land parcels; then vacation in Gualala or Sea Ranch and take a personal tour with one of the Coldwell Banker agents. Email: info@cbpac.com

\$\$\$ COLDWELL BANKER PACIFIC REAL ESTATE www.cbpac.com
Hwy 1 Off: Box 700, 39351 S. Hwy 1, Gualala Fax: 884-9004, 800-944-8941
Seacliff Off: Box 512, 39140 S. Hwy 1, Gualala Fax: 884-1933, 800-660-3591

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GUALALA SUPERMARKET

Art by George Bailey

"Fast, friendly and affordable" is the motto of the Gualala Supermarket. The volumous interior of the market offers two floors of retail merchandise, produce, kitchenware, wine and beer, a deli, frozen foods, ice, cards and the morning paper. Health food sections are stocked with vitamins and herbal supplements, organic foods and beverages and natural products for the family. Out front there is plenty of parking for trucks and RVs in the spacious Sundstrom Mall. Two generators make sure the store lights and ice machines work during winter power shortages. Children love the extensive model train set that owners Paul Regan and Chuckie Sorensen have provided. Open 364 days including Thanksgiving. Summer: 7am-9pm (8pm Sun) Winter: 7am - 8pm (7pm Sun).

\$\$\$ GUALALA SUPERMARKET 39225 S. Hwy 1, Gualala, CA. 95445
Grocery, Deli & Health Food Lotto, ATM & Credit Cards (707) 884-1205



SUNDSTROM CENTER

Robert and Roberta Sundstrom moved to Gualala in the late 50's to raise a family, work the woods and build homes for a growing coastal community. Robert, a soft spoken go-with-the-flow -kind-of-guy states, "I built the "new" Gualala Post Office in 1970, then the bank, gas station and

shopping center a building at a time until we finished in 1986." Now he is finishing up the new post office (2005) with pillars to the rear of the mall by the forest.

Today, residents and travelers enjoy the convenience of the Gualala Market, a sport and tackle shop, pizza and ice cream parlor, bakery, office copy center, craftshop and fabric store, travel agent and video store all under one big roof. Next door is the Dolphin Art Center where visitors can purchase local art and get tourist information.

\$\$\$ SUNDSTROM CENTER 39225 South Hwy 1, Gualala, CA. 95445
Gualala Bakery & Espresso 884-9247, Gualala Market 884-1205, Gualala Pizza, Chinese & Mexican 884-4055, Gualala Sport & Tackle 884-4247, Gualala Union 76 884-1500, Copy Plus Fax: 884-4449 or 884-4448, Dolphin Gallery 884-3896, The Loft Crafts and Fabric 884-4424, Pacific Woods Video 884-1550, Paula's Best Little Hair House 884-3605 and Seaview Travel Agent 884-3505.

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Inside the Seacliff Shopping Center you can visit the Coldwell - Banker Realestate office as well as colorful boutiques such as the Velvet Rabbit, Celebrations, the Cotton Field, Artsea Gallery and dine at Trinks Coffee House or the fabulous oceanview Top of the Cliff Restaurant.



environment of works of art, Tiffany stained glass lamps, bronze sculptures, water colors and very exclusive gifts and artifacts which light up the eyes of visitors. As opera music plays in the background, whale sculptures, frozen in time, seem to come alive & dance with dolphins. In this fantasyland by the sea you can forget the rest of the world.



\$\$\$\$ VELVET RABBIT

Fine Art and Gifts

MC & Visa

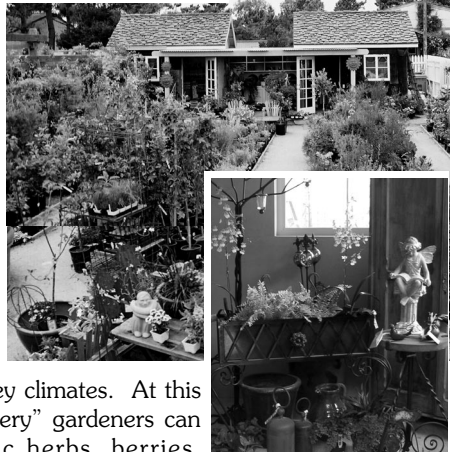
Box 676, Hwy 1, Gualala, CA 95445

Open daily 10am - 5pm

(707) 884-1501 Information

GUALALA NURSERY and TRADING COMPANY

Four of the most desirable places to live on earth are the Mediterrean, south coast of Australia, north coast of Chili and the Sonoma-Mendocino Coast. The plants of these regions are showcased in the garden of eden setting at the Gualala Nursery located just north of town. After 35 years Susan and Tony Ventralla know their customers likes and are very talented designers and excellent plant-human match-makers. Transplant sizes are very car and truck friendly and adopt well to Bay Area and Sacramento Valley climates. At this very classy and unique "one stop nursery" gardeners can purchase a wide variety of organic herbs, berries, vegetables, fruit trees, cactus and succulents, tropical plants, ornamental grasses, drought and deer resistant tolerant showy bloomers, California Native plants and butterfly and hummingbird friendly flowers. Inside the European giftshop are French hand creams (Sellette products), Trapp candles and Burts Bee's products, weather instruments, custom bird houses and one of a kind treasures.



\$\$\$\$ GUALALA NURSERY & TRADING COMPANY

Nursery, Garden Giftshop & Design Consulating AX, Dis, MC & Visa
 38660 S. Hwy 1, Gualala, Open 10am-5pm Summer, 11am-5pm Winter
www.gualalanursery.com (707) 884-9633

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GUALALA SEA SPA & WELLNESS CENTER

The newest addition to grace the center of town is the Gualala Sea Spa. Nestled behind a wall of shrubs is a wonderful garden, a pond complete with fish and a teahouse filled with surprises that is a very comfortable place to watch the garden life while you wait for your spa appointment. The spa offers advanced skin and body care with results-oriented products and equipment. The goals are to help clients reduce their stress, detoxify their bodies and work towards optimal health with weight and pain management. Guests can enjoy a variety of ongoing creative massages such as the jackhammer!



The horizontal steam capsule is a must see! Your face is bathed in cool air while your body is engulfed in infrared light, aromatherapy and steam while the floating bed vibrates to your desired speed. The products used maximize the powers of the sea for the ultimate in skin and body care. The ultrasonic machine is simply the latest and best for facial care today. It is known as "beyond microdermabrasion". If you are looking for a waxing service you will find it for any and all hair from head to toe. A complete line of mineral makeup is offered along with makeup sessions for a special event. Every treatment offered is customized to your specific needs.

\$\$\$ GUALALA SEA SPA 39151 S. Hwy 1, Gualala, CA 95445
www.gualaladayspa.com Fax: (707) 884-9261 (707) 884-9262 Res. Adv.



PANGAEA

Proprietors Jill and Robert Hunter offer a winning combination of quality and nutritious food. Globally influenced recipes feature the cuisine of Europe, Asia and the Mediterranean. The word Pangaea is Old Greek and means all the continents were once connected before earth changes and plate tectonics moved them to their current positions. Robert prepares generous gourmet portions which are beautifully presented, while Jill makes sure dinner guests are waited on and comfortable. Fresh local in-season organic produce, fresh fish and homemade, yet creative recipes provide a memorable dining experience. Dinner entrees include fresh fish such as salmon Ahi tuna or crab cakes on Thai curry sauce, roast poultry or game bird, Niman Schell beef and vegetarian creations (from \$15.00). California wines, micro brew beers, fresh brewed coffee drinks and homemade desserts are also served.

\$\$ PANGAEA 39165 S. Hwy 1, Gualala, CA. 95445
 Gourmet North Coast Cuisine MC & Visa Open Wed - Sun from 5:30pm
 Winter hours may vary. www.pangaeacafe.com 884-9669 Reservations

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CAFE' LA LA

Perched above State Highway 1 in Cypress Village with lofty views of Gualala and the Pacific Ocean is Cafe' La La. This cozy cafe/coffee house offers eclectic cuisine and the best mochas in Gualala. Proprietors Cyndi Hartwell and Beth Ball cook up a storm (the perfect storm) with seasonal delights such as fresh fish tacos, beef stew with garlic crostini, and breakfast fare including omelets, waffles and pancakes. A favorite luncheon staple is the "Napalitano", made with roast beef, pesto, marinated tomatoes and red onions, topped with mozzarella and grilled to perfection on a Panini. Specialty sandwiches and soups are offered daily. The proprietors are always reinventing themselves so stop by for the latest culinary invention.



\$\$\$ CAFE' LA LA

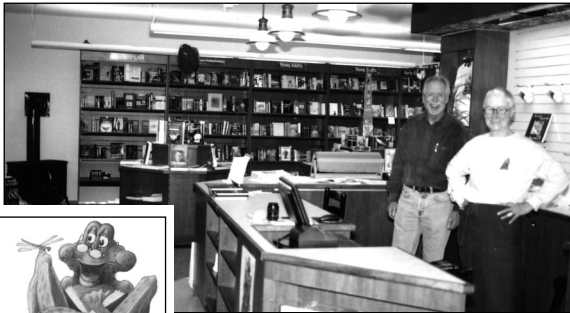
39102 S. Hwy 1, Gualala, CA. 95445

Eclectic Cafe Cuisine

Email: mindless@bbs-1a.com

(707) 884-1104

The FOUR-EYED FROG BOOKSTORE



As a youngster Joel Crockett dreamed of owning a bookstore with an ocean view. The south coast residents of Gualala, as well as coastal visitors love independently owned bookstores - so the success of the Four-Eyed Frog has turned Joel

into the "Four-Eyed Prince". Joel noticed a lot of successful bookstores were named after "critters" and marriage to Linda started with a frog joke. Twenty years of frog gifts from friends led Joel to name the bookstore the Four-Eyed Frog.

As northern California bookstores go the Four-Eyed Frog is one of the best mid-sized book galleries offering books from A-Z. There are local book clubs Joel caters to and his website www.foureyedfrog.com is full of information. The warm interior is full of natural wood and earth tones with every color of book cover facing outward. Events and book signings round out the agenda and you can count on Joel and his knowledgeable staff to answer your questions. The Four-Eyed Frog is a bastion of freedom overlooking the ocean from Cypress Village.

\$\$\$\$ FOUR-EYED FROG BOOKSTORE 39138 Ocean Drive, Gualala
General Purpose Independent Bookstore CA. 95445 In Cypress Village
Open Daily 10am-6pm Mon-Sat, Sun from 11am Fax 884-1331 / 884-1333

24 Mendocino Coast Route 1 / Gualala



SEA TRADER

Our need to meet the requirements of a stressful and ever changing world often leads us to search outside the traditional realms of science and logic. The Sea Trader is a window into the holistic world where an array of high quality crystals and gemstones glisten

amid a metaphysical theater with an ocean view. Proprietress Kathy Kopfer's desire and dedication to seek the answers of the spiritual side of the world we live in lays the foundation of this playground for personal growth. An expanded selection of New Age musical CD's & tapes, tarot cards, greeting cards, metaphysical books, jewelry, aromatherapy, oils, candles and incense are among the many items of interest displayed at the Sea Trader.

\$\$\$ THE SEA TRADER 38640 North Hwy 1 (1/2 mile north of town)
Gift Shop and Gallery Gualala, Ca. 95445 (707) 884-3248 Info.

HEALING ARTS MASSAGE CENTER

Located just north of town in the new Cypress Village complex is the first of Mendocino Coast's famous healing arts centers. A visit here will help to harmonize your body and your vacation. At the Healing Arts Massage Center Judith Fisher will put you in touch with potential health problems and help you gently and safely eliminate them from your life.

Judith is a certified massage therapist who has a large following of locals and returning visitors who place great value on the wholistic nurturing massage and transformational body work she gives to them. Judith's massage therapy relaxes, nurtures and re-vitalizes the body with the integrated long strokes of Swedish-Esalan style massage. She also uses craniosacral therapy to assess and gently release restrictions associated with the spine and central nervous system. This therapy relies to a large extent on the body's natural ability to correct itself. This results in deep relaxation with a sense of wholeness, well-being and renewed vitality. A balanced, tension free body is the foundation of good health. After a session you'll return to the reception area and out the lofty windows a broad expanse of sea and sky awaits. Your day

has been renewed. What will you do now? There are many paths yet to explore, both inner and outer. Let the healing touch of Judith revitalize you and give you strength and energy to continue on your journey.

\$\$ HEALING ARTS MASSAGE CENTER

39301 Cypress Way, Gualala, CA. 95445

Massage & Transformational Bodywork
Sun. by Appointment

In the Cypress Village

Open 10am - 6pm Mon. - Sat.
(707) 884-4800 Res.

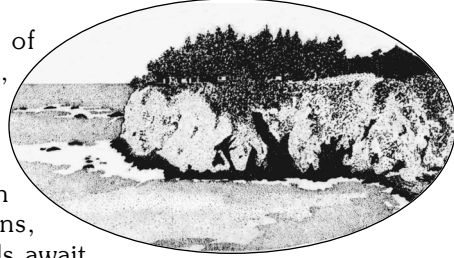


Route 1 / Anchor Bay Mendocino Coast 25

SERENISEA

Hidden on the southern rim of Anchor Bay, and 100 yards seaward, is Serenisea. Proprietor Jim Lotter has found his coastal treasure and fortunately he wants to share it.

Four comfortable cottages with fireplaces / wood stoves, kitchens, bathtubs, and twin and queen beds await you; \$95 - \$230 per night for two, which includes access to the bluff side hot tub. The luxury cottage has a stereo, sauna, sundeck and fabulous views. A wintertime creek cascades through beds of watercress into coves abundant in tidepool activity and seaweed forests. There is a trail to the tidepools. Jim's "Serenisea Vacation Homes" offer exceptional ocean views, beachfront or forest locations; some with beach access, kitchens and fireplaces; most with hot tubs (\$110 - \$270 per night for 2). Several units are pet friendly. Guests will soon understand why this special destination is called "Serenisea".



\$\$\$ SERENISEA

Ocean Front Lodging

36100 Highway 1, Gualala, CA.

28 cottages and vacation homes

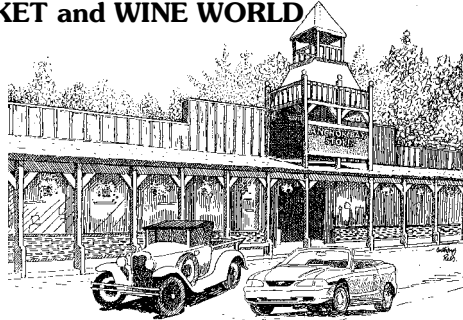
fireplaces, tubs, sauna & beach access

www.serenisea.com 1-800-331-3836

The pioneers of the cliffside community of Anchor Bay parted the trees in

ANCHOR BAY VILLAGE MARKET and WINE WORLD

1915 with the construction of the Anchor Bay Store to reveal one of the most pristine sand covered beaches on the Mendocino Coast. The modernized, yet historic store was designed by Richard McCoy to successfully promote an old-fashioned general store atmosphere. Richard transitioned in 2004 and his wife Marianne and



sons Duncan and Kevin carry on the fine tradition with emphasis on fresh seasonal organic foods, wild fish, wildcrafted herbs and the finest health foods.

But this is not an ordinary grocery store. It is a very special store with emphasis placed on offering a diversified selection of products including fresh local organic produce, unique deli items, locally baked breads, micro brews and imported beers and supports wild and sustainable fish buying ethics. The acclaimed wine cellar showcases wine made from organically grown grapes; plus wine tastings and classes are hosted. So shop here, whether for a simple picnic or a festive banquet. You will also find kerosene lamps, fishing gear, canning equipment, jams, vinegars and oils (local and imported). Open daily 365 days a year (with back up generator for power outages) wintertime from 8am-8pm, summers from 8am-8pm.

\$\$\$ ANCHOR BAY STORE

Highway 1, Anchor Bay, CA. 95445
Food, Wines and Provisions www.anchorbaystore.com (707) 884-4245

26 Mendocino Coast Route 1 / Gualala*The Magic of St. Orres*

Saint Orres Inn and Spa is located 4 miles north of Gualala and overlooks the mystical Mendocino Coast.

SAINT ORRES

Inspired by Russian architecture, constructed of 100-year-old timbers, Saint Orres weaves an aura of magic and beauty, creating the coast's fantasy spot. On the 50 acres are the Hotel proper, the Meadows area with 5 cabins and the new Creekside accommodations to the north with 8 cottages. Hints of ancient and new age thought are here and there for guests to ponder. Adjacent the Creekside cottages is the spa with showers, sauna, soaking tub and meeting room which doubles as a breakfast nook or recreational lounge.



Crystal spheres, set like gemstones, crown the copper domes above the Spa area. Illuminated at night, the imagery is only limited to one's imagination.

Meals in the Hotel are prepared fresh daily from the finest local and imported ingredients. Natural and wild north coast cuisine features fresh fish, quail, venison, wild boar, rack of lamb, appetizers, homemade hot or chilled soups, wild mushroom torts, salad courses and desserts. Innovative entrees are at prix fixe \$40 (3 courses). Pine Haven is a two bedroom and Osprey Cove a three bedroom retreat house. Hotel rooms with shared baths are from \$80-\$95/2 and cottages with private

baths and fireplaces are from \$135-\$260/2 with full breakfast.

\$\$\$-\$\$\$ SAINT ORRES

P.O. Box 523, Gualala, CA 95445
Ocean View Dinner/Lodging/Spa www.saintorres.com (707) 884-3303

Route 1 / Gualala Mendocino Coast 27



Chef-owner Rosemary Campiformio



The "Black Chanterelle" accommodations



It is from the Saint Orres' gardens that Chef Rosemary Campiformio gathers special ingredients for the evenings five course event. Wild "friends" from the forest often visit the kitchen staff and guests to the spa and cottages.

28 Mendocino Coast Route 1 / Anchor Bay

WHALE WATCH INN

The panoramic view from Whale Watch Inn can only be described as spectacular. Perched on the western edge of the continent, 133 steps above the empowering northern California coastline, is the Whale Watch Inn - a jewel of peace and tranquility, a haven for lovers, indeed the ultimate remedy for a hectic world.

An experience in one of the retreat's luxurious suites, all lovingly designed for romance and solitude, is truly a balm for the spirit, a "hyacinth for the soul."

Kazuko and Jim Popplewell have instilled in their destination "The Power of Getting Away". Here a feeling of serenity and harmony shines through every detail of their magnificent Inn: soft shades of pastels set a distinct mood for each room's interior, skylights bathe with light the plush queen beds made up in lace-work linens and cozy down comforters. The Morning Light suite has a dry sauna. Each room has vases of hand-picked flowers, soothing celestial and classical music, private decks and fireplaces. The joy of a two-person whirlpool bath, complete with herbal bubbles, over-sized towels, champagne bucket, two glasses, and an unforgettable view of stars and moon dancing on sparkling surf are sure to bring sweet dreams and sound sleeps.

The Inn comprises five separate buildings - Pacific Edge, Quest, Cygnet House, Sea Bounty and Whale Watch - with a total of eighteen unique accommodations, including a full breakfast (from \$180 - \$300/2). All rooms and suites have oceanviews, private decks and private baths; all have fireplaces or wood burning stoves, 8 have two party whirlpools and another 4 rooms have whirlpools large enough for one person.

Morning greets you with a gentle knock on the door at a pre-arranged time., Ah, breakfast in bed! Peeking into a luscious basket of goodies that changes with every day, you'll find a feast of aromatic coffee or herbal teas, fresh fruits, a small loaf of freshly-baked sweet bread, cheese blintzes with a wild-blackberry sauce and edible flowers to start your day with a splash of color. And with one last sip of coffee, you ponder the day's possibilities - the options are endless, it's creation up to you.



After two or three days (one is definitely not enough) under Whale Watch's magical spell, you, the respectable, responsible adult who put away childish toys eons ago, may shockingly find yourself spouting a verse or two of Blake, mysteriously humming (not-so-quietly) the long-forgotten love songs of your youth, and suddenly reawakened by a

flame of aliveness you'd thought long ago had flickered.

\$\$\$ WHALE WATCH INN

35100 Hwy 1, Gualala, CA. 95445

Bed and Breakfast

1/2 mile north of Anchor Bay.

www.whalewatchinn.com (707) 884-3667 1-800-WHALE-4-2 Res. Advised



Route 1 / Point Arena Mendocino Coast 29

Top: BOWLING BALL BEACH just south of Point Arena which is only exposed at low tide. **Bottom: "THUNDER COVE"** with ARENA ROCK RESERVE or "WASH ROCK" in the background. On full moon nights at high tide with 20 foot swells pounding the cliffs, spray shoots 100 feet in the air and Highway 1 shakes.



Photo Courtesy of Bill Elliot

Just to the south is a large colony of sea lions that inhabit Fish Rock. Their barking is particularly loud in the summer and fall when they breed and feed in the rich waters off Anchor Bay. Never turn your back on the ocean and never wave watch alone.



30 Mendocino Coast Route 1 / Point Arena**GIANT SURF WAVES OF 1983**

Also see www.pointarena.com and www.arenacove.com

During the Big Surf Year of 1983 the Point Arena Cove got extremely hairy when several log-lifting grandfather waves came through and knocked out the original pier, flooding the packed restaurant with a blast of saltwater up to the bar top. People inside were knocked around like bowling pins. Heavy rains and the highest tide of the century made the surf so rough it tore the heads off ling cod and popped abalone right out of their shell. It was a day many locals will never forget, for many lives were spared by sheer luck. Photographer Nicholas King witnessed the event and took these photographs. TOP: One of several 20 foot waves taking out the old Arena Cove Pier. BOTTOM: The surge of a freak wave picking up and moving back a wharf building and racing into the old bar (since replaced). Copies of these photos or the rebuilding of the Arena Cove Pier and Nicholas's book "The Great Disaster at Arena Cove" can be purchased by writing Box 235, Point Arena, CA 95468 or calling Nicholas at (707) 882-2523. Photographs ©1983 by Nicholas King.



Where were you in the storm of 83? See Storm Stories at www.northhofs.com

Route 1 / Point Arena Mendocino Coast 31**POINT ARENA Future Gemstone of Mendocino?**

Point Arena's main street is lined with restaurants, a grocery, deli/coffee house, a bar, movie theater, giftshops, a pharmacy, library, art galleries and a seasonal farmers market. This picturesque community has been the back drop for several motion pictures including ForeverYoung"

**POINT ARENA to MANCHESTER DINER'S CHOICE: Area (707)**

Arena Cove Bar & Grill (\$\$) End of Port Street 882-2100; **Cosmic**

Pizza & Shipwreck Wine Bar (\$\$) End of

Port Street, Arena Cove 882-1900;

Carlini's Cafe (\$-\$\$) 206 Main 882-2942;

Cove Coffee & Tackle (\$) End of Port Street

882-2665; **El Burrito Taqueria** (\$) Hwy 1,

882-2910, **Phoenix** (\$\$) 250 Main 882-

1619; **Point Arena General Store & Deli** (\$)

185 Main Street 882-2280; **S&B Market** (\$)

19400 Hwy 1, Manchester 882-2805, **The**

Record Deli, Market & Cafe (\$-\$\$) 265

Main St., 882-2363; **Riptides Bakery** (\$-\$\$)

213 Main St., 882-3770 - Organic Pizza & Dog Biscuits to go.

INTERNET ACCESS

Besides your local Motel or Bed & Breakfast try:

The Record Cafe

265 N. Main, Pt. Arena

882-2363 daily 8am-7pm

Coast Com. Library

280 N. Main, Pt. Arena

Open Mon-Sat 882-3114

POINT ARENA to MANCHESTER LODGING:

Best Western Wharf Master's Inn (\$\$-\$\$\$) 785 Port Street 800-932-

4031. **Coast Guard House** (\$\$-\$\$\$) 695 Arena Cove Rd. 882-2442;

Manchester Beach KOA (\$-\$\$) Box 266 - 1 mile north of Manchester

882-2375; **Manchester State Beach** (\$) Box 440, 1 mile north of

Manchester 800-444-PARK / 937-5804; **Point Arena Lighthouse &**

Museum (\$\$) Box 11, 4 miles north of Point Arena on Lighthouse Rd.

882-2777; **Rollerville Junction** (\$-\$\$) Box 383, Hwy 1 - 2 miles north of

Point Arena; **Sea Shell Inn** (\$\$) 135 Main 882-2000/2068.

POINT ARENA BOOKSTORES, GIFTSHOPS and the ARTS

Cityart Community Art Gallery, Main Street, 882-3616; **Cultural Batik**

Studio 240 Main Street, 882-2610; **Du Pont's Mendocino Merchantile**

790 Port Rd. 882-3017, **Everything Under the Sun** 211 Main Street

882-2161; **Family Surf & Skate**, 240 Main Street, 882-2822; **Roots**

Herbal Apothecary Store 240 Main Street, Unit B, 882-2699; **Sheila**

Miles Fine Art www.artistmiles.com 250 Main St., 882-1921.

MENDOCINO COAST THINGS TO DO: Fishing, Surfing and Whale

Watching: **Arena Cove Pier** 882-2583 Hot showers, boat launching.

Arena Theater - Concerts, Drama and Motion Pictures (707) 882-2275.

32 Mendocino Coast Route 1/Point Arena



The rebuilt 320 foot fishing pier at Arena Cove is the only major public pier between Pacifica and Trinidad. Fishing, hot showers, whale and bird watching are benefits of the pier.

ARENA COVE BAR and GRILL

There is an authentic rugged appeal about the Point Arena Cove. Caught in a time warp and cradled between white cliffs similar to Dover, it could easily pass for a tiny settlement clinging to the sheep dotted edge of the English Coast.

Today the restaurant occupies the 2nd floor of a brand new building and is under the direction of Antonio and Berta Carbajal. Antonio shares three passions, his wife and family, the culinary arts (formerly at Saint Orres), and he also is a artistic car designer. A menu of snapper, salmon, Ahi tuna, calamari, albacore, oysters, clams, mussels, crab and lobster is served. Some of the fresh catch is unloaded off the boats barely 100 feet away. Dinners include choice of garden fresh salad or soup du jour or clam chowder, and either baked potato, French fries, roasted garlic mashed potatoes or mixed wild and white rice as well as fresh vegetables and warm bread. There are delicious home cooked daily specials such as Azul Pacifico prawns, crab cakes, Charlotte's basket (a melange of grilled vegetables served over polenta in a crispy parmesan cheese basket), fish tacos and stuffed chicken breast and always a selection of pasta, steaks, chops and chicken entrees. For dessert try the coconut custard cake or chocolate mountain cake. Sushi is served on Friday. Special events can be catered for up to 200 people.

There is a full bar where mixed drinks are blended, imported & domestic beer, organic wines and soft drinks are served. Sports fans will love the 110" wide screen above the end of the bar. San Franciscan's will recognize the huge hand carved teak and mahogany back bar which came around the horn in 1890 and was in Tommy's Joint before it was relocated. At 6 p.m. the Arena Cove Bar often fills up with rugged locals tied to the land and sea. Exceptional food, friendly waiters and real people in a hearty setting can make the best vacation memories.

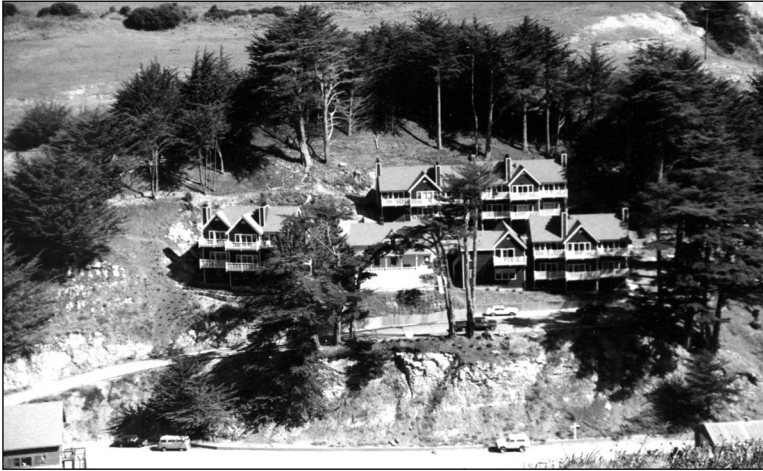
The Cove has changed since the 1980's — a new concrete and steel fishing pier replaces the old wooden pier destroyed by heavy seas in 1983. The new Point Arena Pier is 320 feet long and is equipped with heavy duty lifting hoists for small boats and loads of fish and sea urchins. There is also a harbor master's office, restrooms, showers and public benches on the end of the pier for whale and wave watching. The pier and shoreline is also a good spot for surfing, beach walks and abalone picking at low tide.

\$\$\$ ARENA COVE BAR & GRILL

Seafood and Latin Fusion
Open daily.

www.arenagrill.com
790 Port Street, Box 65, Point Arena,
Dis., MC & Visa (707) 882-2100 Res.

Route 1 / Point Arena Mendocino Coast 33



BEST WESTERN WHARF MASTER'S INN

Prior to telephones in the late 1800's, a panoramic view was important for supervising the busy seaport activities at Point Arena Cove. In Arena Cove the wharfmaster could be in his cliff side home and oversee the port.

Today the century old Wharfmaster's House is registered with the National Historical Society and is complimented by three new two story wings of luxurious and functional accommodations (finished in 1992) boasting unobstructed views of the valley, fishing fleet and pier, reefs, white cliffs and open sea. Twenty three rooms (\$95 - \$195/2) and two honeymoon suites (\$225 - \$250/2) await you. Accommodations feature fireplaces, whirlpool spas, private baths, queen sized four poster feather beds, direct dial telephones, in-room coffee makers and open air balconies facing the ocean. Film star Mel Gibson stayed at the Wharfmaster Inn while filming the motion picture "Forever Young". Ask about the facilities for weddings and receptions.

Besides being a surfers headquarters, there are several biking and hiking trails in the area. "Breath-giving" views recharge the lungs with some of the cleanest air in America and offer a cardiovascular workout the heart will love you for. You can study the coastal geology by day and scan the clear starlit skies at night. The award winning wooden sculptures set in gardens about the property are authentic chain saw carvings by north coast woodsmen. The proprietors have a soft spot in their hearts for cats. "Hurricane," now an "angel cat" was a favorite greeter for past guests to the lobby. Beachcombing, tidepooling, bird watching, fishing from the pier and whale watching (October - April) all connect us to nature's web of life. To arrive at the Best Western Wharf Master's Inn take the Iverson Avenue exit off Highway 1 at the south end of town.

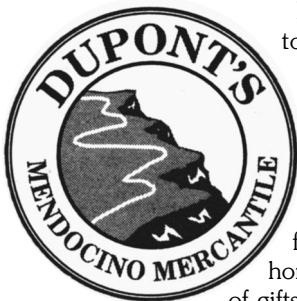


In memory of Hurricane

\$\$-\$\$\$WHARF MASTER'S INN Box 674, 785 Port Street, Oceanview Rooms & Suites Fireplaces & Private Baths AE, MC & Visa. (707) 932-4031 www.wharfmastersinn.com 1-800-932-4031 Res. Sug.

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DU PONT'S MENDOCINO MERCANTILE at Arena Cove



Born and raised in Point Arena, Tracy Du Pont, the town's former mayor, has reason to be proud of the original Mendocino County merchandise she loves to showcase. Visitors will discover a meticulous selection of art, crafts and gifts gathered from obscure backwoods studios, wine cellars and herb gardens in Mendocino County. Attractive displays reveal pottery, jewelry, oil & watercolor paintings, toys, dried flower arrangements, antiques and craft items for the home or office. Up the spiral iron staircase is a showroom of gifts for the garden. Micro-beer from county brew pubs and vintages of Mendocino wine is stocked in the cooler. Inclement weather clothing including Arena Cove sweat and T-shirts is displayed for foggy days. At Arena Cove small is indeed beautiful. Du Pont's is open daily.

\$\$\$ DU PONT'S MENDOCINO MERCANTILE

Locally Made Arts, Crafts & Gifts
Point Arena, CA. 95468

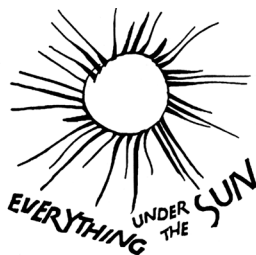
790 Port Rd., Suites 4, 5 & 6,
(707) 882-3017

POINT ARENA GENERAL STORE and DELI The Point Arena General Store and Deli is one of the more complete and functional general stores on the Mendocino Coast. This spacious store fulfills the needs of campers, fishermen and shoppers. Fresh fish and locally grown produce (in season) are available as well as a variety of health food and gourmet items. The wine selection represents Mendocino's finest wineries and there is also a selection of locally made and certified organic wine. From the deli comes an assortment of sandwich meats to T-bone steaks and all the necessities for an afternoon picnic. The video movie rental section (with VCR) features a wide variety of movie releases. You will find proprietors Lillian, Tor and Captain Ole Holberg-olsen's seafaring family to be very hospitable and informative on fishing and weather conditions. The Point Arena General Store and Deli is open everyday of the year from 6 am to 7 pm.

\$ POINT ARENA GENERAL STORE & DELI

General Store and Deli

185 Main Street,
Point Arena, CA. 95468 (707) 882-2280 Info



EVERYTHING UNDER THE SUN

The simplicity and beauty of Third World living is reflected by the art, crafts and clothing displayed at Everything Under the Sun. Proprietress Lena Bullamore is proud of the fact that she supports socially conscious gift giving by buying from non-profit organizations who insure that the crafts people in Vietnam and Africa as well as two dozen other countries get a fair wage for their efforts. There is a "story" behind each item in the store, making shopping here a unique lesson in creativity and awareness. It's a treat to meet Lena whose enthusiasm and spirit is everywhere in Everything Under the Sun! Open 11:30am - 5:00pm Wednesday thru Saturday.

\$\$\$ EVERYTHING UNDER THE SUN 211 Main St., Point Arena, CA.
Local and Third World Crafts Closed Sun, Mon, Tues. (707) 882-2161

Route 1 / Point Arena Mendocino Coast 35

EL BURRITO ORGANIC TAQUERIA

One of the best burritos served on the Mendocino Coast is the organic garden fresh El Burrito. The cafe is housed in the only mellow yellow and green reconverted gas station in northern California that serves all-organic meals. How cool can you get? Founder Pam Chapman prepared each dish with love and with a firm commitment from her



heart to change the world one customer at a time by serving only garden fresh organic cuisine. Today Luz Barragan carries on that tradition with her preparations of authentic Mexican - American vegan and vegetarian cuisine.

Sharing the same building is the Point Arena Community Buying Club whose emphasis is on sustainability and helping the areas financially challenged receive healthy food. In addition to a variety of delicious vegan and vegetarian burritos, Pam also serves quesadillas, dos tacos, taco salads, chicken wraps, a chicken-vegetable-rice dish, nachos and for breakfast (served 8am-2pm mon-fri) huevos rancheros, eggs & frijoles, the breakfast burrito, sesame bagel, oatmeal and organic drinks. Organic mochas, espressos, lattes and organic beer and juice is also served. A stop here is conscious tourism at its best - Bon Appetite!

\$\$\$ EL BURRITO ORGANIC TAQUERIA 882-2910 Sit down / to go
Organic Mexican Food, Beer & Espresso 165 Main Street, Point Arena

SEA SHELL INN

For years Point Arena has been in a time warp with descendants of pioneer settlers keeping a tight reign on the town's growth and direction. Some visitors find this refreshing. A late bloomer, Point Arena could very well become the gemstone of the north coast; that is if thoughtful and sensitive planning prevails. A good place to observe all this is by hanging your hat at the Sea Shell Inn in Point Arena, which is under new management. There are 32 spacious, clean and economical rooms where tourists and locals put into port, to watch color-cable TV and enjoy time away from home or work. Motel rooms are equipped with kings, queens, doubles, direct dial telephones (local calls free) and coffee makers. Seasonal rates are economical. Behind the units you can hear Point Arena creek cheerfully making its way to nearby Arena Cove and the Pacific. Wildflowers and an occasional deer grace the hillsides above.



\$\$\$ SEA SHELL INN Box 393, 135 Main Street, Point Arena, CA
Motel Rooms and Suites (707) 882-2000/2068 Res. advised.

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ARENA MULTI MEDIA THEATER

Home town theater at its best is at one of the last real theaters in northern California, the historic Arena Theater, which offers a variety of current and vintage movies, as well as star spangled live musical events. This is no ordinary theater folks, for it has been open since 1929, offers classy art deco flair and balcony seating. In the lobby a variety of snacks are served such as homemade double chocolate brownies, organic popcorn with real butter and seasonings, cookies, candy and hot and cold drinks. The restoration project was generated through the Arena Renaissance Company and community fund raising with all labor donated with great love and heart. This is truly a theater that belongs to the people. This experience alone is worth a drive to Point Arena where you can enjoy dinner followed by a show at the Arena Theater.



\$ ARENA MULTI MEDIA THEATER 214 Main Street, Point Arena,
Movies and Special Entertainment Events Showing # (707) 882-2275



Breakfast with Mendocino's cultural creatives at Carlini's Cafe

CARLINI'S CAFE

Located on Main Street in Point Arena, 1 mile from the cove and next door to the movie theatre is Carlini's Cafe. This olde-fashioned diner is owned by chef/artisan Carla Owston. She and George Adams serve breakfast and lunch from 6:30am - 2pm weekdays, (closed wednesdays), and Saturday and Sunday from 7:30am - 2pm. Breakfast and lunch are homemade from fresh

ingredients (fresh organic herbs, vegetables and fruits when possible). Egg dishes, breakfast meats, French toast, buttermilk pancakes, veggie scrambles (delicious), create-your-own-omelette, huevos rancheros and fresh brewed organic coffee. Lunch is a soup, salad, sandwich affair. Fresh spinach and garden salads leave one energized. Seasonal specials include salmon patties, herbed meatloaf with mashed potatoes and gravy (yum). Occasional desserts are on the special board. A true chef/artisan, Carla makes things up as she goes. Count on good service and good food at this homey 28 seat cafe.

\$\$ CARLINI'S CAFE 206 Main Street, Point Arena, CA. 95468
Homemade California Country Cooking Cash & Checks (707) 882-2942

Route 1 / Point Arena Mendocino Coast 37

THE RECORD DELI, MARKET & CAFE

This historic structure was originally a newspaper building in 1890 called the Point Arena Record. After remodeling in 1990 the building was transformed into a health food deli, market and internet cafe. Owner Peter Loughran created a casual environment with stained glass windows and hardwood floors. Peter supports a local buying ethic - purchasing fresh organic produce from local farmers, gardeners and fishermen. There is a wonderful selection of quality gourmet health foods including organic milk, cheese, chicken, beef, bread, juice, crackers, frozen veggie pies, ice cream, frozen yogurt, bulk grains, beans, rice, polenta, herbs and spices for the coastal chef or menu planner.

In the custom handcrafted cafe-coffeehouse, with oak long bar, original art and cozy tables, you can enjoy snack foods, fresh baked cookies, cakes, muffins and pies, nutritious sandwiches, wholesome soups, garden fresh salads, fresh fruit smoothies, homemade hummus, chai, and a full range of organic and fair trade coffee espresso drinks. The Record has wonderful soups, salads, sandwiches from gourmet to basic for less than \$10. Dinner offers six entrees of only fresh ingredients from \$15. Dining is indoors or on the outdoor deck adjacent the cafe. The deli has all the fixin's for a picnic, early morning breakfast or mid-day sandwich. In Point Arena all kinds of folks extend their lives by feeding their minds good thoughts and their bodies healthy food. Open 7am - 8pm daily, Sunday 9am - 5pm.

\$\$\$ The RECORD DELI, MARKET & CAFE

Coffee House, Store & Cafe 265 Main Street, Point Arena CA. 95468
 logerhed@mcn.org (707) 882-3663 Information



CITYART COMMUNITY ART GALLERY

Across the street from the record and next door to the Point Arena Library is the Cityart Community Art Gallery. Here a non-profit committee of artists have gathered to create, have fun and inspire anyone lucky enough to discover this obscure gallery and the treasures within. Every 3rd Thursday at 7:30pm is the Poetry Series sponsored by Friends of the Coast Community and Cityart. Check the website for special openings and showings which include appetizers, wine and lots of fun with this feisty community of artists. Open Wed - Sun noon-5pm.

\$\$\$ CITYART COMMUNITY ARTS GALLERY

280 Main Street, Point Arena, CA. 95468

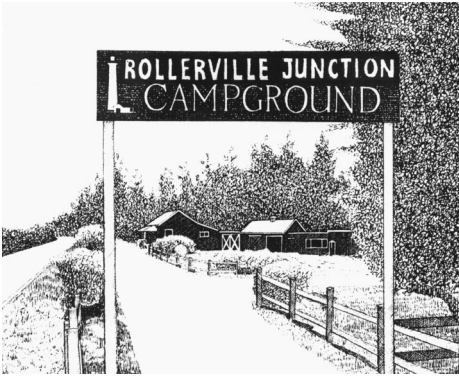
Mailing List: pointarena_cityart@yahoo.com

www.cityart.com

(707) 882-3616 Info

38 Mendocino Coast Route 1/Point Arena

ROLLERVILLE JUNCTION and the OLD HOUSE CAFE



Just 2 miles north of Point Arena, at the lighthouse access road, is the Rollerville Junction Campground, Giftshop and Old House Cafe.

A dream come true for Pat and Sharon Bellew was the opening of the restaurant. Rollerville Junction has become a full service destination with campground (tent & RV), camping cabins and cottages (1-4), a small store with videos and gifts. The central

theme at Rollerville embraces historic lighthouses like the Point Arena Lighthouse just to the west on Lighthouse Road.

In the restaurant seasonal breakfast and lunch is served usually from 8:30am - 11am, lunch from 11am - 2pm and dinners served on the weekends (call for current hours and menu entrees). The campground is simple shelter at its best. From fire pits the scent of burning logs and evening fare wafts over the grounds. There is a well-stocked, cupola-roofed giftshop. There are 51 sites scattered over the roomy 1/4mile front (34 full-service RV hook-ups \$36/nite); 10 tent sites with fire pits and water (\$27/nite) and 5 new camping cabins with room for 1-2 adults & 2 children in each (\$50/nite) plus two cottages (1-4 \$100 per nite). A large swimming pool and hot tub add to the amenities of staying at Rollerville Junction. Hot showers, a laundry room, and firewood add to your convenience. The flickering beacon of the historic Point Arena Lighthouse will guide you to this special setting.

\$-\$\$ ROLLERVILLE JUNCTION CAMPGROUND & CAFE

22900 Shoreline Hwy 1, Box 383, Point Arena, CA 95468

Accommodations: Tent, RV and Kamping Cabins (707) 882-2440

www.rvdestinations.com/rollerville www.gualalabusiness.info



THOMPSON HEATHER GARDENS

Jim and Beverly Thompson have created a rare garden with sculpture, happy birds and animals at their Thompson Heather Gardens located just south of Manchester. Every color of the rainbow of heather grows here in this aquatic paradise. There are special tours every year in the fall. See the ornate bird house in the huge Monterey Cypress, walk down whimsical paths between splashes of heather, dragons and

hundreds of flowers.

\$ THOMPSON HEATHER GARDENS Turn west at milepost 19.71 follow the signs. P.O. Box 21, Manchester, CA 95459 (707) 882-2345

Route 1 / Point Arena - Manchester Mendocino Coast 39

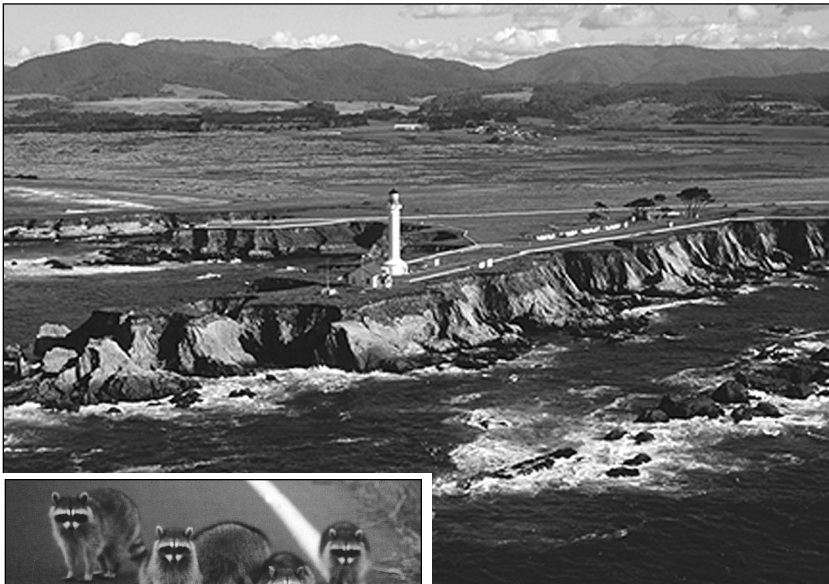


Photo by Scott Simpson WEST of ONE www.westofone.com



"Furry Little Road Block" on the access road to the lighthouse © 2001 Sheila Ryan

The cleanest air in America blows in from the sea at Point Arena Lighthouse

POINT ARENA LIGHTHOUSE

Poised on a narrow peninsula and surrounded by white water on three sides, the historic Keeper homes provide unique accommodations at the Point Arena Lighthouse, just north of Point Arena. The cleanest air in America blows in here. This peninsula was a sacred ceremonial site for the Pomo Indian. It's a thrilling setting, especially when flights of rare tundra swans have landed in the Garcia River valley just to the north; their honks occasionally heard over the breaking surf. Ever vigilant, the now automated lighthouse beacon provides early warning for ships at sea of the dangerous reefs. The original French fresnel handcut six ton hand ground glass and brass lens was turned off for good in 1977, but can be viewed as part of a living museum under the direction of the non-profit Point Arena Lighthouse Keepers. Three remodeled guest homes await the traveler who loves the sea. Each home (sleeps 6) has a wood burning fireplace, full kitchen, satellite TV, 3 bedrooms - 2 baths and tub. Summer rates are \$210 one nite, \$380 two nites and winter \$175/nite. The fabulous views, peace and tranquility are most relaxing. The lighthouse website is www.pointareanlighthouse.com

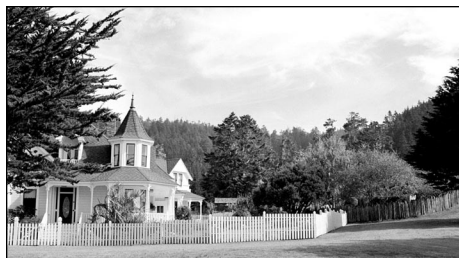
\$\$ POINT ARENA LIGHTHOUSE

Historic Oceanview Accommodations

Box 11, Point Arena, CA 95468

(707) 882-2777 Res. Required

To the north of the Point Arena Lighthouse is the Victorian Garden Inn at Irish Beach. Here life's dreams can come to a temporary halt for you have arrived at the doorstep of "Somewhere In Time Romanticism". Fabulous five course dinners are prepared by Dr. Luciano and Pauline Zamboni. You can bask in their romance for old world charm is alive at this victorian castle by the sea. (707) 882-3606



40 Mendocino Coast Route 1 / Manchester



S & B MARKET INC.

Burney Sjolund came home to the Mendocino Coast in 1945 from the San Francisco shipyards with \$10,000 and settled in Manchester just 10 miles from where he was raised as a kid in Elk. He and his wife Dorothy and her father A. O. Stornetta purchased the Manchester General Store, which was established way back in the late 1800's. They remodeled and renamed

it the S & B Market. Today their son Alan and wife Karen operate this important link to the modern world of conveniences. A true general store, the S & B Market stocks everything for the everyday needs of residents and travelers. Besides a full line of groceries, including fresh produce and choice cuts of beef and poultry, there are premium wines, snack foods, kitchen and camping supplies. A complete hardware store stocks all manner of building supplies as well as automotive needs. A lifeline during inclement weather, the S & B Market is open daily from 8am - 7pm.

\$\$\$ S & B GENERAL STORE 19400 South Hwy 1, Manchester,
Full Service Grocery & Hardware CA. 95459 MC & Visa
Fax (707) 882-3105 Phone (707) 882-2805 For Information

MANCHESTER STATE PARK: Located on the San Andreas Fault

Surrounding the western side of Manchester is Manchester State Park. Access can be gained at the south by Stoneboro Road and north by Kinney Road. Forty primitive campsites are located amid grassland with Monterey Cypress and sand dunes for wind breaks. Campsites accommodate tents or RV's up to 30 feet long. Each campsite has a picnic table and fire ring with a grill. Water is available and pit toilets are nearby. Sites are first come, first serve. No reservations are accepted. There also is a group camp that can accommodate up to 12 vehicles and 40 people. The group camp may be reserved May 1st through October 1st for \$90 per night.

Two creeks flow year round in the park; Brush Creek located near the center of the park and Alder Creek which is on the north boundary. Alder Creek also marks the location where the San Andreas Fault slips beneath the sea to silently await God's commandment to determine the fate of coastal humankind. On rare occasions campers will feel a tremor while sleeping beneath a night time sky full of stars. Such an experience is both humbling and very inspirational.

\$ MANCHESTER STATE PARK Box 440, Mendocino, CA. 95460
Oceanview Campground 1-800-444-PARK / (707) 937-5804

Route 1 / Irish Beach Mendocino Coast 41

*Panoramic views,
miles of sandy
beaches and rocky
coves, the Point Arena
Lighthouse and a
plethora of wildlife
greet you at Irish
Beach Vacation Home
Rentals.*



IRISH BEACH VACATION HOMES

How would you like to have the comforts of a luxury home overlooking a remote part of the Mendocino Coast? At Irish Beach you can have just that. Twenty six completely furnished homes that sleep 2 to 8 people with a variety of conveniences can be rented from 2 days to a week or longer. Rates range from \$140 - \$320 per night (for non-holiday getaways) with every 3rd night free. There are oceanfront, panoramic ocean views, ocean views and limited ocean views. Thank God for the ocean or some of us would have a loss for words. Each home has a fireplace (firewood, linens, paper towels, toilet paper etc. is provided); some have private phones, sunken tubs, saunas, hot tubs, wet bars, satellite TV, VCR's, DVDs, dishwasher, washer/dryers, sound systems, private sun decks and fully equipped kitchens. A few are pet friendly. A cleaning fee is applicable for each house. Each \$500,000 to \$2,000,000 home is privately owned and managed by the Irish Beach Rental Agency.

The setting is spectacular. A forest of redwoods and coastal pines are laced with meadows and a variety of flora and fauna. Star, bird, whale and wildlife viewing is spectacular. The ocean beach ranges from an expanse of smooth sand to rocky outcroppings and cliffs. There are hiking trails and pathways, 2 parks, a trout lake, and surf fishing. Irish Beach occupies a dreamlike setting on the Pacific 8 miles north of Point Arena and just a 1/2 hour drive from Sea Ranch and a 1/2 hour drive from Mendocino, There are numerous gourmet restaurants along this stretch of Hwy. 1. In nearby Point Arena are several stores, markets and gas stations. The staff at Irish Beach Rental Agency are more than happy to answer any questions you may have.

\$\$\$-\$\$\$ IRISH BEACH

Luxurious Vacation Homes

*on Coast Highway 1.
www.irishbeach.com*

P.O. Box 337, Manchester, CA 95459

Located 8 miles north of Point Arena

*26 luxury homes for 2-8 people by day or week
info@irishbeach.com 1-800-882-8007*